



# Besteiro Middle School

## Course Syllabus

2021-2022

Physical Education is required course. It can be fun but also requires work. You will be expected to take notes, do homework, take tests, dress out and participate. By following the rules and bringing the items listed, you will be sure to grant yourself a successful year.

➤ **Rules:**

1. Dress out every day unless told otherwise by your coach.
2. No one is allowed in the dressing room during class.
3. No Gum, food or drinks are allowed in the gym area.
4. No electronic devices (cell phones, iPods, headphones, etc...).
5. Respect other people's property/belongings.
6. Do not touch equipment until instructed to do so by coach.
7. Respect all Teachers and Students.
8. Follow directions and instructions at all times.

➤ **Consequences for breaking the Rules**

1. Verbal Warning
2. Call Parent
3. Detention
4. Parent Conference
5. Consult Administrator (Referral)
6. You will be REMOVED from Athletic Period

➤ **Grades:**

1. 50% All Test (Skills, written and six weeks).
2. 50% Notebook, Homework, Participation and Dressing out.

➤ **Items needed for P.E. Class:**

1. T-Shirt (any color), Shorts or warm-ups and tennis shoes (only).
2. Combination lock ONLY, no key locks.
3. Pen, Pencil, paper and pocket folder.

I understand the importance of the above Rules and will follow them.

**Student signature:** \_\_\_\_\_

My son/ Daughter has reviewed the rules for class with me and agrees to follow them.  
The items required will be in his/her locker to be available when needed; and student will be held responsible for their own belongings.

**Parents: Signature:** \_\_\_\_\_ **Phone#:** \_\_\_\_\_

Boys Office # 698-0595

Girls Office # 698-1291

Coach Hector Guerra ([hmgueerra@bisd.us](mailto:hmgueerra@bisd.us)) - Conference: 8:00-8:41am

Coach Laura Gomez ([lpomez@bisd.us](mailto:lpomez@bisd.us)) - Conference: 8:00-8:41am

Coach Enrique Soto ([esotojr@bisd.us](mailto:esotojr@bisd.us)) – Conference: 8:00-8:41am

Coach Patricia Salgado ( [psalgado@bisd.us](mailto:psalgado@bisd.us)) – Conference: 8:00-8:41am

Coach David Hinojosa ([djhinojosa@bisd.us](mailto:djhinojosa@bisd.us)) – Conference: 8:00-8:41am

Coach Brian Medina ([bdmedina@bisd.us](mailto:bdmedina@bisd.us)) - Athletic Coordinator 698-2145